



The Tenth Sunday after Pentecost

8:00 am and 9:30 am

August 1, 2021

Hymn in Procession: Shepherd of souls, refresh and bless

1 Shepherd of souls, refresh
and bless thy chosen pilgrim
flock with manna in the
wilderness, with water from
the rock.

2 We would not live by
bread alone, but by thy

word of grace, in strength of
which we travel on to our
abiding place.

3 Be known to us in breaking bread,
and do not then depart;
Saviour, abide with us, and spread
thy table in our heart

The Word of God

Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and forever. Amen.**

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in Excelsis:

*People sing the Antiphon: *Glory to God in the highest and peace to his people on earth.*

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

***Antiphon**

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

***Antiphon**

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.

***Antiphon**

The Collect of the Day

The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

The First Reading

A Reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat

by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.” Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. Then Moses said to Aaron, “Say to the whole congregation of the Israelites, Draw near to the LORD, for he has heard your complaining.”“ And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.”“

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

Psalm 78

*People sing the Antiphon: ***So they ate and were all well filled for he gave them what they craved.***

***Antiphon**

23 So he commanded the clouds above *
and opened the doors of heaven.

24 He rained down manna upon them to eat *
and gave them grain from heaven.

***Antiphon**

25 So mortals ate the bread of angels; *
he provided for them food enough.

26 He caused the east wind to blow in the heavens *
and led out the south wind by his might.

***Antiphon**

27 He rained down flesh upon them like dust *
and wingèd birds like the sand of the sea.

28 He let it fall in the midst of their camp *
and round about their dwellings.

29 So they ate and were well filled, *
for he gave them what they craved.

***Antiphon**

The Second Reading

A Reading from the Letter to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive;

he gave gifts to his people.” (When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people’s trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body’s growth in building itself up in love.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

Gospel Gradual: Alleluia!

All-e-lu-ia! All-e-lu-ia! All-e-lu-ia! All-e-lu-ia! All-e-lu-ia! All-e-lu-ia!

All-e-lu-ia! All-e-lu-ia!

The Gospel

The Holy Gospel of our Lord Jesus Christ, according to John.

Glory to you, Lord Christ.

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.”

Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, He gave them bread from heaven to eat.” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

The Gospel of the Lord.
Praise to you, Lord Christ.

The Sermon

The Rev. Jonathan Coffey

The Nicene Creed (*Stand as you are able*)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven; by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form III

Let us lift to God the prayers of the people of this gathering.

(Silence)

Father, we pray for your holy Catholic Church; **That we all may be one.**

Grant that every member of the Church may truly and humbly serve you; **That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons, remembering especially Rev. Jonathan, our Clergy in Residence, Bob, our Bishop, and Michael, our Presiding Bishop; **That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world; **That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake; **That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble; **That they may be delivered from their distress.**

Give to the departed eternal rest. **Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy; **May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others. We remember especially those on our prayer list. Healing of body, mind and spirit for: our friends in Hanalei, Shannon, Janice, Marilyn, Sarah and Julie, Tony, Scott, Greg, Webb, Christine, Kathy, Edith, Landrea, Sara, Patrick, Seth, Robin, Tyler, Chip and his wife Carrie, Stacy, Jessica, Lisa, Susan, Auntie Marrie, Molly and Abigail, Issa, Evelyn, Charlene, David, Tessa, Lee, Austin, Shane, Kim, Deanna, Annah, Maggie, Linda, and David.

You are invited to offer your own petitions at this time.

(Silence)

Heavenly Father, you have promised to hear what we ask in the Name of your Son: Accept and fulfill our petitions, we pray, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as you know and love us in your Son Jesus Christ our Lord. **Amen.**

Confession of Sin

Let us confess our sins against God and our neighbor.

(Silence)

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace (*Stand as you are able*)

The peace of the Lord be always with you.
People **And also with you.**

The Holy Communion

Offertory Hymn

Doxology (Hawaiian)

**Ho`o-na-ni i ka Ma-ku-a mau, Ke kei-ki me ka U-ha-ne no,
Ke Aku-a mau Ho`o-mai-ka`i pu, Ko ke-ia ao, ko ke-la ao.
Amene.**

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise. **Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home. **By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another. **Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace. **By his blood, he reconciled us. By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he

broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, **We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name. **Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

Amen.

As our Savior Christ has taught us, we now pray,

Our Father, who art in heaven,
hallowed be thy Name, thy
kingdom come, thy will be
done, on earth as it is in
heaven.

Give us this day our daily
bread.

And forgive us our trespasses,
as we forgive those who
trespass against us.

And lead us not into
temptation but deliver us from
evil. For thine is the kingdom,
and the power, and the glory,
for ever and ever. AMEN

E ko mākou Makua i loko o ka
lani, E ho'āno 'ia Kou inoa, E hiki
mai Kou aupuni,
E mālama 'ia Kou makemake ma ka
honua nei.

E like me 'ia i mālama'ia ma ka lani
lā.

E kala mai ho'i iā mākou i kā
mākou lawehala 'ana, Me mākou e
kala nei i ka po'e i lawehala i kā
mākou.

Mai ho'oku'u 'oe iā mākou i ka
ho'owalewale 'ia mai, E ho'opakele
nō na'e iā mākou i ka 'ino.

No ka mea, Nou ke aupuni, a me ka
mana, a me ka ho'onani 'ia, a mau
loa aku AMENE

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

The Gifts of God for the People of God. Take them in remembrance
that Christ died for you, and feed on him in your hearts by faith, with
thanksgiving.

Communion Hymn

The Ministration of Communion

Post Communion Prayer

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Blessing

Hymn in Procession: I am the bread of life, He who comes to Me shall not hunger

**1 I am the bread of life;
He who comes to Me shall
not hunger,
He who believes in Me shall
not thirst.
No one can come to Me
Unless the Father draw him.**

***Refrain: And I will raise him up,
And I will raise him up,
And I will raise him up
on the last day.***

**And he who eats of this bread,
He shall live for ever,
He shall live for ever.**

Refrain

**world, And he who eats of
this bread,**

**3 Unless you eat
Of the flesh of the Son of Man
And drink of His blood,
And drink of His blood,**

2 The bread that I will give is my flesh for the life of the world, You shall not have life within you.

Refrain

Dismissal

People Thanks be to God.

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The Rt. Rev. Robert Fitzpatrick, Bishop of Hawai`i,
and The Rev. Jonathan Coffey, Pastor in Residence